

START SMART CLASSES SPRING 2011



Must be three or older by first day of class! Start Smart is a great program for parents to spend time with their children and help prepare them for future participation in youth sports. All classes are taught in a safe, noncompetitive atmosphere to help your child build confidence and most importantly have FUN!

Registration ongoing or until classes fill. All class locations are at the Sandy Parks & Recreation Building (440 E. 8680 S.) Registration includes t-shirt, award, and equipment usage.
Parents are required to attend and participate at each class.

MULTI SPORTS SKILL DEVELOPMENT

This program focuses on general skills including: dribbling, throwing, catching, kicking, and batting.
Parents are required to attend and participate at each class.

Session 1: March 8, 15, 22, 29, April 5, 12, 2011

Day: Tuesday **Time:** 6:30 p.m. - 7:15 p.m.

Cost: \$30 **Ages:** 3-5 years old

Session 2: March 2, 9, 16, 23, 30, April 6, 2011

Day: Wednesday **Time:** 5:30 p.m. - 6:15 p.m.

Cost: \$30 **Ages:** 3-5 years old

Session 3: March 3, 10, 24, 31, April 7, 14, 2011

Day: Thursday **Time:** 5:30 p.m. - 6:15 p.m.

Cost: \$30 **Ages:** 3-5 year olds

SOCCER

This program is a developmentally appropriate introductory soccer program to prepare children for organized soccer. Age appropriate soccer equipment is used to teach kicking, dribbling, trapping, throw ins and agility.
Parents are required to attend and participate at each class.



Session 1: March 8, 15, 22, 29, April 5, 12, 2011

Day: Tuesday **Time:** 5:30 p.m. - 6:15 p.m.

Cost: \$30 **Ages:** 3-5 years old

Session 2: March 3, 10, 24, 31, April 7, 14, 2011

Day: Thursday **Time:** 6:30 p.m. - 7:15 p.m.

Cost: \$30 **Ages:** 3-5 years old

BASEBALL/SOFTBALL

This program is a developmentally appropriate introductory baseball/softball program to prepare children for organized baseball and softball. Age appropriate equipment is used in teaching throwing, catching, batting, running and agility.
Parents are required to attend and participate at each class.



Session 1: March 2, 9, 16, 23, 30, April 6, 2011

Day: Wednesday **Time:** 6:30 p.m. - 7:15 p.m.

Cost: \$30 **Ages:** 3-5 year olds



SANDY CITY RECREATION

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